Who We Are

Since 1903 the YWCA has been the leading advocate for women and children in our community.

Through a combination of service and social action we reach out to women and men who are seeking solutions to abusive situations, who are fighting substance use, who are in need of job training and education and who want to improve their lives for themselves and their children.

YWCA North Central Indiana services include:

- Emergency safe shelter for victims of domestic violence
- Additional housing opportunities
- Safety planning
- Counseling & case management for both adults & children
- Child care
- Access to healthcare services
- Sexual assault counseling
- Economic empowerment classes
- Self-sufficiency education
- Gender specific substance use treatment & groups
- Legal Advocacy including help obtaining civil protective orders
- Community educational programs on domestic violence, sexual assault, substance use and dating violence prevention

24 hour Crisis Line
1-866-YES-YWCA
Bilingual Services Available

St. Joseph County Safe Haven Shelter & Administration
1102 S. Fellows St.
South Bend, IN 46601
574-233-9491

Elkhart County Safe Haven Shelter
132 State Street
Elkhart, IN 46516
574-294-1811

Elkhart County Non-Residential Services & Administration
23426 US. 33
Elkhart, IN 46517
574-830-5073

www.ywcancin.org

eliminating racism
empowering women
ywca

YWCA IS ON A MISSION
What is Domestic Violence?

Domestic violence can take many forms and can affect anyone regardless of age, economic, racial, cultural, generational, religious or gender status.

Abusers use a variety of tactics to exert power and control. It is not always physical but may also involve mental, verbal, spiritual, financial and/or emotional abuse.

The reality is that domestic violence does not go away on its own. Instead, it tends to get worse and become more frequent over time.

Victims dealing with an abusive relationship often carry additional burdens such as:

- Fear
- Emotional dependency
- Financial dependency
- Guilt
- Isolation from friends and family
- Embarrassment or shame
- Concern about children’s welfare
- False hope that the abuse will change

Are you in an abusive relationship?

If you answer yes to even one of the questions below you have reason to be concerned for your safety or well-being.

- Are you afraid of your partner?
- Does he/she monitor your coming and going?
- Does he/she control who can and can’t talk to you?
- Are you told what you can and cannot wear?
- Are you verbally or physically abused for “looking” the wrong way at another man/woman?
- Has he/she threatened to harm you or your children if you decide to leave?

What You Can Do

Call us! We have decades of experience helping people break the cycle of violence for themselves and their children and we want to help you.

The Impact of Domestic Violence

- Domestic violence is the leading cause of injury to women between the ages of 15 and 44 in the United States
- Every 9 seconds in the United States a woman is beaten
- Between 15 and 25% of pregnant women are battered.
- 50% of homeless women and children in the United States are fleeing domestic violence
- 6 in every 10 women who are victims of homicide were murdered by someone they knew. About half of these women were murdered by a spouse or someone with whom they had been intimate
- Each year, an estimated 3.3 million children are exposed to violence by family members against their mothers or family caretakers
- 80% of children from homes where partner abuse occurs will become an abuser or a victim as an adult
- Children in homes where domestic violence occurs may experience cognitive or language problems, developmental delay, stress-related physical ailments and hearing and speech problems
- The presence of a gun in a domestic violence situation increases the risk of homicide by 500%

1-866-YES-YWCA