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Dear Friends,

In late October we celebrated our 110th birthday! An exciting milestone! Of course the YWCANCIN has evolved greatly over the past 110 years as we reinvented ourselves to meet the needs of the community, but one thing has stayed constant. The YWCA is and will continue to be a voice and force for improving the lives and status of women, children and people of color in our local community.

The YWCA USA was formed at a time that women did not have opportunities for leadership, so local YWCA Association Charters stated that all YWCA Board of Director’s seats should be reserved for women.

While the YWCANCIN understood the underlying rationale, we felt that men and women should work together to address the critical issues facing our community. We understood there have always been good men who supported our efforts, and we wanted and needed their involvement in our work. It is glaringly apparent that there are still disparities in wages and corporate management opportunities for women, but we believe the needed changes will not occur without both women and men advocating for change. To effect this change our Association petitioned the YWCA USA to be approved to place men on our Board of Directors, and the petition was approved. The YWCANCIN election of Board Members this year for the first time included five male Board Members.

Together we are saddened that another year has passed and our communities have lost more women and children at the hands of those who had promised to love them. Too many women and children and people of color live in poverty. Too many struggle to cope with the day’s challenges. Together we have redoubled our efforts to spur systemic change in St. Joseph and Elkhart counties. We understand that helping heal and empower one woman can affect many other lives. We will continue our work one woman and one child at a time.

Sincerely,

Linda S. Baechle
Chief Executive Officer
ywca north central indiana

at a glance:

- served 1,589 women & children in St. Joseph & Elkhart Counties last year
- leading advocate for women since 1903 and the largest community provider of domestic violence services, including emergency shelter, in St. Joseph County and non-residential services in Elkhart County
- also provides sexual assault, chemical dependency, economic empowerment and legal advocacy services and programs
- provides community outreach and awareness on domestic violence, sexual assault, teen dating violence and other issues impacting women and their families

1102 S. Fellows Street, South Bend
23426 US 33, Elkhart
Making History to Make a Difference for Women & Children

For over a century the YWCA Board of Directors has consisted solely of women but times have changed. Believing that the best way to help solve problems facing women in our society is to harness both woman and man power, YWCA North Central Indiana petitioned YWCA USA to allow the addition of men to the board. The petition was approved and in July we proudly welcomed our inaugural class of male board members.
Domestic Violence Healing Pathways

As the largest provider of domestic violence services in our community, the YWCA North Central Indiana provides both residential and non-residential services in St. Joseph County and non-residential domestic violence counseling and support groups in Elkhart County.

YWCA staff answered 3,223 crisis calls last year.

At the shelter in South Bend, women and their children receive not only safe shelter, food and other necessities but also the support and services they need to begin rebuilding their lives including:

- trauma informed care
- education about the cycle of violence
- domestic violence support groups
- court advocacy and assistance with protective orders
- self-sufficiency services
- life skills classes
- bilingual services
- childcare

With a capacity of 125 the YWCA Women’s Shelter is often full or above capacity but no victim of domestic violence is ever turned away.

Last year 538 women and children were served in the domestic violence program.
Remembrance ceremony for victims of domestic violence
Healing our Children

Childhood trauma contributes to one of the leading population health issues of our time. Toxic stress or adverse childhood experiences (Aces), has been proven to disrupt normal brain development and trigger genetically predisposed diseases and delinquent behaviors.

The YWCA Children’s Services staff, including a Child Counselor, work closely with each child in their care to identify the impact of the trauma that brought them and their mother to the shelter. The ultimate goals are to ensure the safety of the child and break the cycle of violence.

The YWCA operates its own pre-school and day care center allowing mothers to attend support groups, classes, and/or work.

Each child undergoes developmental screening and receives:

- trauma informed care
- personal safety planning
- good touch/bad touch
- screening for abuse
- education in conflict resolution and drug refusal

359 children called the YWCA home last year.

Each year an estimated 3.3 million children witness violence against their mothers.

A survey of 6,000 American families found that 50% of men who abuse their wives, also abuse their children.

Research shows that 80 to 90% of children living in homes where there is domestic violence are aware of the abuse.
“New Hope” Sexual Assault Survivor Program

The American Medical Association refers to sex crimes as the “silent, violent epidemic” in society. An epidemic that places blame on victims and as a result forces many victims to remain silent. The YWCA’s sexual assault treatment program, provided in both Elkhart and St. Joseph Counties, offers the community’s only free individual and group counseling for adult victims of rape, sexual assault, incest, and childhood sexual abuse.

The program also provides:
- shelter for recent victims of rape
- outreach to area teenagers on issues of date rape and teen dating violence
- assistance in filing with filing with the Victim’s Compensation Fund
- court advocacy

“A Woman’s Journey” Chemical Dependency Treatment

“A Woman’s Journey” is the YWCA’s innovative women-centered chemical dependency treatment program. It lasts from 6 to 8 weeks and is followed by up to 12 months of after-care. It is one of only two residential chemical dependency programs in the state of Indiana that allows women to bring their children with them during treatment.

Last year 106 women received treatment in the chemical dependency treatment program, and 108 women completed at least 206 days of after-care.
“Breaking Free” Dual Treatment Program

Many women who are victims of domestic violence report turning to drugs and alcohol to numb their pain.

“Breaking Free” is a unique and innovative holistic treatment program for women with a history of both domestic violence and substance abuse.

The two issues are addressed and treated at the same time with emphasis placed on understanding how they are inter-related.

Last year 203 women received treatment in the “Breaking Free” Treatment program.
Serving Elkhart County Women and their Families

Since 1908 the YWCA has been a constant, caring voice for women in Elkhart County. In the fall of 2010 the YWCA began a new chapter in its mission to improve the lives of women by joining forces with the St. Joseph County YWCA to create YWCA North Central Indiana. With renewed energy and focus the YWCA now provides non-residential domestic violence and sexual assault counseling services and economic empowerment programming at the YWCA Elkhart County located at 23426 US 33, Elkhart, IN. All services are free and confidential.

“Brighter Tomorrows” Economic Empowerment Program

The YWCA Brighter Tomorrow’s program is an investment in the women in our community and is available to all adult women. The program at the Elkhart County service site, which is offered in both English and Spanish, includes education in financial literacy, job preparedness and job retention. A key component of “Brighter Tomorrows” is the nationally recognized “Bridges Out of Poverty” Getting Ahead classes designed to move people out of generational poverty and into the world of employment and education.
“Healing Pathways” Domestic Violence Program

1 in 4 women will experience domestic violence at some point in their lives. The YWCA service site in Elkhart County offers non-residential individual and group counseling for victims of domestic violence. Residential services, if needed, are available at the YWCA service site in St. Joseph County. Women in the Domestic Violence Program may also receive self sufficiency & economic empowerment services at the Elkhart location.

“New Hope” Sexual Assault Survivor Program

Every 2 minutes someone in America is sexually assaulted. The YWCA’s “New Hope” Program at the Elkhart County service site offers non-residential individual and group counseling for victims of rape, sexual assault, incest and childhood sexual abuse. Emergency shelter for recent victims of rape is available at the YWCA’s St. Joseph County service site.

Mujeres, Immigrantes y Latinas (MIL)

Mujeres, Immigrantes y Latinas (MIL) is a grassroots group created by and for Latina immigrants. It aims to encourage, inspire and empower its members by creating a safe space to discuss daily triumphs and challenges, share stories and resources, and develop skills to strengthen their involvement in Elkhart. MIL meets at the YWCA Elkhart County office.
Empowering Women

Many of the women and children served by the YWCA come from generational poverty and efforts to improve their economic power are central to our mission.

The YWCA’s Brighter Tomorrows Economic Empowerment program has three core components:

- Bridges Out of Poverty Getting Ahead Classes
- Financial Literacy
- Job readiness and retention

The program is available in both Elkhart and St. Joseph Counties for residential and non-residential clients of the YWCA. In St. Joseph County the program is also offered in Spanish.

239 women were served in the Economic Empowerment Program last year.

71% of women in the Economic Empowerment program increased their income by either securing a full time or part time job or by increasing their hours at their current job.

“I loved the Getting Ahead classes at the YWCA! For the first time in my life someone helped me realize that I could change my own life...that I had the power. I am so grateful for the YW showing me that I have the tools to make changes that will not only improve my life but the lives of my kids who are counting on me.”

2013 “Getting Ahead” Graduate
Making a difference for women for 110 years.
Housing Programs

Transitional Housing

As a component of the YWCA’s Brighter Tomorrow’s self sufficiency program the YWCA offers transitional housing for women and children. While staying at the shelter, for up to two years, they receive case management services, life skills training, financial literacy education and full self sufficiency services.

*40 women and 17 children were provided with transitional housing last year.*

Permanent Housing

Permanent housing services are provided to women with special needs who have developmental delays, chronic mental illness, and/or physical handicaps and who need minimal assistance in order to live independently.

*14 women were provided with permanent housing last year.*
Women of Vision
The YWCA would like to thank the many women leaders in our community who generously donate both time and treasure to improve the lives of women and children. These Women of Vision supported the YWCA with a gift of $1,000 or more between July 1, 2012 to June 30, 2013.

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The YWCA is grateful for the many community partners who support the YWCA through contributions and sponsorship of our special fundraising events. Listed below are individuals, companies and organizations that have generously provided support between July 1, 2012 to June 30, 2013.

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Marcella Gilleand
Lisa & Bill Gitlin
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Maggie & Steve Goldberg
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Good Shepherd United Methodist Church
Goodwill Industries of Michiana
Deborah Gordon
Hon. Michael Gotsch
Dr. Mary & Peter Graber
Grace United Methodist Church
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Rita Graham
Granger Community Church
Granger Family Dentistry
Granger Good Shepherd Church
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Arlene Kaminski
Phyllis Kaminski
Maria Kammerer-Gallegos
Amy Karkiewicz
Susi Katz
Beverly Kaunda
Sharon Keane
Marianne & Kenneth Keber
Jessica & Nick Keim
Patricia Kelley
Richard Kelley
Cheryl Kelly
Curtis Kennedy & Lana Siegel
Maggie & Joseph Kernan
Timothy Kerper
Kathie Kettering
Keurig, Inc.
Karen & Edward Keve
Joyce & Harry Kevorkian
Key Bank
Micki & Scott Kidder
Lauren Kiefer
Richard & Joane Kincaid
Kelly King
Margaret & Karl King
Nancy & John King
Sr. Susan Kintzele
Evelyn & Craig Kirkwood
Emily Philotoff Kiska & David Kiska
Kiwanis Club of Potawatomi South Bend
Jeff Klein
Mary Klinedinst
Sue Klopfenstein
Edward Kloc
Pamela Klotz
Amy Knauff
Julia & William Knight
Knit 2gether Club of St. Joseph County
Brenda Knowles
Kenneth Kobek
Susan Kobek
Stacy Koebel-Harder
Phil Koenig
Mary Kohn
Tania Kohout
James Kolata
Scott Kovatch
Michael Kozak
Mary Krahulec
Aldona Krentkowski
Joyce Kretz
Regina Kring
Krispy Kreme Donuts
Peggy & Robert Krok
Charles Krueger
Ann Marie Kruk
Michael Kruk
Jenny Kurtz
Timothy Kurzhal
Tom Kuspa
Judith Kuzmich
L.A.D.D., Inc.
Tiffanie Lacefield
Andrew LaFree
Jose Lagunas
Lake City Bank
Lake City Bank
Lake City Bank
Lakeville United Methodist Church
Lakeville United Methodist Church - Ernestine Circle
Mary Ann Lamanna
W.T. Landman
Amy Langner
Jeri-Lynn Langwith
Mike Lanko
Dr. Jen Lankowicz
Margaret & Ray Larson
Lisa LeBlanc
Jason Lehman
Virginia Lehner
Louise & David Leighton
Carla Leliaert
Kathy & Paul Lemberger
Barbara Lenczowski & Joyce Lenczowski
Barbara & Brian Levan
Greta & Jay Lewis
Madeline Lewis
Sara Liebscher
Kelly Hunt Limberg
Erin Linder
Margaret & Jason Lindower
Angie Lingenfelter
Arthur Little
Jeremiah Livengood
Barbara Lobdell
Connie & John Long
Anne Losasso
Tinamarie Lowe
Cathy & Tom Lower
Joseph Lower
Geraldine Lucas
Janine Luchenbill
Phyllis Luckert
Peg & Steve Luecke
Marilyn Lutz
Lydick UMC Choir
Laura Mabry
Alasdair MacIntyre
Wm "Red" & Jean Mack
Barbara Magerfleisch
Tim Maher
Becky Mahl
Nancy Majerek
Christine Majewski
William Maki
Gail & Joseph Mancini
Mane Event
Lisa Manning
Anne Mannix & Richard Williams
Manos De Cristo
Richard Manuszk
Maple Grove United Methodist
Stephen Mar
Sara & Abe Marcus
Linda Marietta
Marcia Marker
H.C. Marrese
Mary Beth & George Marsh
Tommy Marshall
Martin’s Super Markets
Nancy Mascotte
Tina Mast
Master Care, Inc.
Mary Ann Matthews-Derda & Irv Derda
Lori & Mark Maurer
Amy & Dave Mauro
Gloria Maxwell
Pam Maxwell
May Oberfell Lorber
Mayor, City of Elkhart
Joan & Cary McClendon
Russie McClintic
JoAnn McClure
Carol & Stuart McComas
Carole McCormick
Sandra McCullough
Ann-Nita McDonald
McDonald Physical Therapy
Birdie McElroy
Ann McFadden
Amanda McFarland
Kellie McGilvra
Bonnie & Don McGowan
Anne McGraw
Muffet & Matthew McGraw
GayLynn McKay
Sarah McKibben
Jansie McMahan
Mary Ellen McNeil

Cinde McPhie
Dr. Stephen & Connie McTigue
Richard Measell
Meijer #128
Kim Meiss
Memorial Hospital & Health System
Ruby Meridy
Sandy Merrill
Mary Ann Merryman
Lisa & Kurt Metros
Elaine Meyer-Lee
Miami Village Consignment Shoppe
Mary Michalak
Esther Michalski
Michiana Monologues
Michiana Music Together
Michiana Teen J.A. M.
Mid-City Supply Co Inc.
Matthew Middaugh
Allison Middlebrook
Dr. George & Christine Mignon
Jeanette Mihelich
David & Renee Millar
Janet Miller
Mary & Greg Miller
Paula Miller
Rebecca Marr Miller

Maureen & Rick Miller
Hon. Robert Miller
Robert & Emee Miller
Wendy Miller
Sheri Miller-Story & Doug-Story
Julie Milliken
Beckie Mills
Carla Mischler
Barbara Misener
Sarah Misener
Mishawaka Woman's Club
Mark Mishler
Leonel & Beverly Mitchell
Patricia & Mikel Mitchell
Carolyn & Jim Monroe
Christine & Kevin Montague
Samantha & Craig Montague
Marie & Dewitt Moody
Dr. Carol Ann Mooney & George Efta
Stephanie Moore
Ruth Moorman
Marisel Moreno & Tom Anderson
Morris Park Country Club 9 Hole Golfers
Tom Morse
Cindy Moryl
Dr. Rebecca & Jerome Moskwinski
Jillian & Robert Polis
Dennis Porter
Potawatomi Zoological Society
Jimita & Phillip Potter
Angela Potthoff
Rachel Potts
Diana Powell
Carole Powers
Preventive Medicine, PC
Adam Primmer
John Primmer
Patricia Primmer
Princess City Dental Care
Joe Probst
Progress Club
Maria Purciarele
Pure Emerald Salon
Purple Porch Co-op
Putt Putters Golf Club
Quality Dining Inc.
Judith & Charles Quinn
Mary Radde
Radiology, Inc. Foundation
Gabriel Radvansky
Mary Rampi
Emily Ratkiawicz
Paul Raven
Cindy Ray
Kathleen Ray
Virginia Razzano
Una Mae Reck
Otha & John Reese
Shelley Regina
Bryon Thomas & Rebecca Reimbold
Reins of Life
Renascence Co.
Shari & Terrence Rettig
John Retzloff
Krista Riblet
Amy Rice
Denise Richards
Pat Richter
Marjorie & Victor Riemenschneider
Mary & Mark Riley
Kerri & Darrel Ritchie
Don Ritschard
Jennifer Rittenhouse
River Bend Cancer Services
Kimberly Rizek
Leigh Anne Roberts
Gina & Gary Robinson
Jane Robinson
Michael Robinson
Sharon & John Robinson
Dora Rodriguez
Denise & Charles Roemer
Therese Rohan
Jeanne Romero-Severson
Maribeth Roncz
Ed Everett & Kitty Rose
Carol & Charles Rosenberg
Mary Rosenfeld
Jessica Ross
Jill & Steven Ross
Richard Ross
Rick Roth
Maureen & Dan Rousseve
Sandra & Danny Rousseve
Donna Rowe
Michael Rozzi
Bernard Rudecki
Catherine Rulli
Tim Ryan
Todd Ryan
Ryman Auditorium
Saint Joseph Regional Medical Center
Saint Mary’s College
Salvation Army
Becky Sanders
Debra & Mark Sanderson
Dr. & Mrs. William Sarnat
Donald Savoie
Susan Scanlon
Dr. David Taber & Stephanie Scharf
Karen Scheeringa
Krista Schilling
<table>
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<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Dee Schlotfeldt</td>
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<td>Sigma Phi Gamma Sorority ETA Chapter</td>
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<td>Betty Signer</td>
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<td>Kim &amp; Roger Smith</td>
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<td>Eric Smithburn</td>
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<td>Daniel Smogor</td>
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<tr>
<td>Jennifer &amp; Phillip Smoker</td>
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<td>Cathy Snow</td>
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<td>Andrea Snyder</td>
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<td>South Bend District Dental Hygiene Assistants</td>
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<td>Michelle Sorensen</td>
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<tr>
<td>Tyler Sorecco</td>
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<tr>
<td>The South Bend Clinic, LLP</td>
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<td>South Bend Roller Girls, Inc.</td>
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<td>Southside Christian Church</td>
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<tr>
<td>Kathleen Sparks</td>
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<tr>
<td>Kim Spaulding</td>
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<tr>
<td>Specialized Staffing Solutions</td>
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<tr>
<td>Nancy Speller</td>
</tr>
<tr>
<td>Mary Ann Spence</td>
</tr>
<tr>
<td>Kerri Spencer</td>
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<tr>
<td>Margaret Sprunger</td>
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<tr>
<td>St. Joseph County 4-H Fair</td>
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<tr>
<td>St. Joseph County Extension Homemakers</td>
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</tbody>
</table>
Kyle Lynne Veltri  
Cheryl Vervaet  
Caryll Vicsik  
Jill Vihtelic  
Christine Villaire  
Kate Voelker  
Nancy & Donald Wagenblast  
Claire Wagner  
Wal-Mart Super Center #2680  
Megan Walker  
Walt Disney World  
Don Walters  
Michelle Ware  
Kathie Warneke  
Barbara K. Warner  
Shannon Warner  
Barbara Wascisin Hernly  
Gail Watkins  
Sonya Woods Watkins  
Ida Reynolds Watson  
Jean & Steven Watts  
Sharon Watts  
Wear to Win, LLC  
Doug Weaver  
Virginia Weaver  
Barbara Webster  
Weed and Seed Alliance  
Joyce Wegs  
Mary Weinzetl  
Mr. & Mrs. Joel Welch  
Welch Packaging, Inc.  
Wells Fargo Foundations  
Karen & Merlin Wendling  
Christina Wetter  
Cindy Wheeler  
Dorothy Wiekamp  
Ellen Wilkeson  
Dr. Barbara Williams  
Dianne Williams  
Helena & Robert L. Williams  
Traci Williams  
Cathy Wills  
Kathleen Wills  
Kim Wilson  
Kimberly Wilson  
Nancy Wilson  
Squeak Witrout  
Nora Wiseman  
JoAnn & James Wittenbach  
Karen Wolfe  
Lucy Wolfenbarger  
Deanna Wolford  
Gloria Wolvos  
Women Business Owners of Michiana  
Jeanmarie Woods  
Kristine & Kenneth Woodworth  
Sandra Wray  
Rae Wright  
Tim Wright  
WSBT Television  
Emma & Erich Wurzburger  
Elly Wynia  
Ruth Yarger  
Yarn Crafters of RSVP-Catholic Charities  
Vivian Yergeau  
Carol Yergler  
Gaye & Kent Yoder  
Teryl Yoder  
Nanci Yokom  
Patricia J. Yonkers  
Lona Young  
Debbie Zarzyka  
Gerda Zeller  
Lorna & Donald Zerfas  
Judith Zielinski  
Julie & Arthur Zielinski  
Lucile C. Zilky Charitable Trust  
Donald Zmudzinski  
Edward Zurawski
Friend & Fund Raising

The YWCA is grateful for all those who help plan and attend our fundraising events. The money raised from Tribute, the run, jane, run golf tournament and the Men’s March to End Violence Against Women provide significant funds to help support our programs for women and children.

2013 Tribute honorees Pam Hluchota, Dorothy Wiekamp & the Honorable Michael Gotsch

Former Governor Joe Kernan tries out his red shoes at the YWCA Men’s March to End Violence Against Women.

Honorary Chair Coach Muffet McGraw having fun with friends at the run, jane, run golf tournament for women awards banquet.
YWCA Senior Management Team

Linda S. Baechle,  
*President & Chief Operating Officer*

Marzy Bauer  
*Director, Grants Administration*

Amanda Ceravolo  
*Director, Development & Communications*

Pam Hluchota  
*Director, Elkhart County Relationships*

Brian Hueni  
*Director, Business Operations*

Gary Robinson  
*Director of Programs, Stabilization Services*

Diane Schmeltz  
*Director of Programs, Crisis Services*

Julie Sells  
*Chef*
## Consolidated Statements of Financial Position

<table>
<thead>
<tr>
<th></th>
<th>2013</th>
<th>2012</th>
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<tbody>
<tr>
<td><strong>Assets</strong></td>
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<tr>
<td><strong>Current Assets</strong></td>
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<td>CASH</td>
<td>$270,388</td>
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<tr>
<td>Accounts and Grants Receivable</td>
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<td>Prepaid Expenses</td>
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<td>$5,760</td>
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<td><strong>Total Current Assets</strong></td>
<td>$921,670</td>
<td>$892,639</td>
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<td><strong>Net Fixed Assets</strong></td>
<td>$2,563,491</td>
<td>$2,643,954</td>
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<td><strong>Total Other Assets</strong></td>
<td>$2,936,627</td>
<td>$2,955,464</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td>$6,421,788</td>
<td>$6,492,057</td>
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<tr>
<td><strong>Liabilities and Net Assets</strong></td>
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<tr>
<td><strong>Current Liabilities</strong></td>
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<tr>
<td>Accounts Payable</td>
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<td>Accounts Payable</td>
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<td><strong>Total Current Liabilities</strong></td>
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<td>Capital Lease Obligation , net of current</td>
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<tr>
<td><strong>Net Assets</strong></td>
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<tr>
<td>Unrestricted</td>
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<td>Temporarily Restricted</td>
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<td>PermanentlyRestricted</td>
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<tr>
<td><strong>Total Net Assets</strong></td>
<td>$6,261,402</td>
<td>$6,351,711</td>
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<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td>$6,421,788</td>
<td>$6,492,057</td>
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<tr>
<td>YWCA 2013 Operating Revenue</td>
<td></td>
<td></td>
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<tr>
<td>-------------------------------------</td>
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<tr>
<td>Grants</td>
<td>$854,957</td>
<td>41.7%</td>
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<tr>
<td>Earned Revenues</td>
<td>$850,309</td>
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<tr>
<td>Contributions</td>
<td>$226,912</td>
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<td>Other Income</td>
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<tr>
<td>Total Operating Revenue</td>
<td>$2,047,895</td>
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<table>
<thead>
<tr>
<th>YWCA 2013 Operating Expense</th>
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<tbody>
<tr>
<td>Employee Compensation</td>
<td>$1,484,382</td>
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<tr>
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<td>Facility Expenses</td>
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<td>Other Expense</td>
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<td>Total Operating Expenses</td>
<td>$2,138,204</td>
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</table>

Net Income: -$90,309