strong alone...
fearless together

ywca
north central indiana

2010 report to the community
YWCA of North Central Indiana Board of Directors

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Dear Friends,

The story of the YWCA is really all about the families whose lives are forever changed by coming through our doors. Last year 1,451 women and children who came to us for help when they were facing life crises. We housed them, fed them, nurtured them, treated them, supported them and helped strengthen them to face the challenges ahead. We did this with your help.

Our newly implemented Dual Treatment Program grew and has had a very positive response, both from clients and from our referral sources. Our Sexual Assault Survivor’s Program provided more free counseling than ever. We launched our expanded CourtWatch Program and equipped 13 St. Joseph County Courtrooms with sound amplification equipment. We worked toward redesigning our domestic violence program to more holistically meet the needs of victims. In addition to psycho-educational domestic violence groups, safe housing, legal advocacy and case management we are offering financial literacy and support groups specifically geared to victims.

We worked more closely than ever with the Department of Child Services in providing necessary support to mothers and children coping with problems that, left unresolved, would result in severing family ties and placing children in foster care. It is very rewarding to keep these families together and teach the mothers how to be the kind of parents they frequently did not have themselves.

As the year concluded we began finalizing plans to merge with the YWCA of Elkhart County to become the YWCA North Central Indiana. This will be the beginning of a new chapter for our agency. We are excited about what the future will hold as we expand our reach and begin serving our neighbors in Elkhart County.

Appreciatively,

Linda S. Baechle
Executive Director
Programs & Services

Domestic Violence Services & Program

The YWCA of North Central Indiana provides St. Joseph County’s only accredited residential and nonresidential bilingual services for women and children escaping abusive environments. The program includes a 24-hour crisis line, emergency shelter, case management, daily trauma specific psycho-educational/therapeutic groups, life skills classes, self sufficiency services and court advocacy. Although our shelter often operates above its capacity of 125 women and children no domestic violence victim is ever turned away. In the 2009-2010 fiscal year the YWCA served nearly 800 women and children in shelter.

Sexual Assault Survivors Program

A large percentage of YWCA clients have experienced child sexual molestation, rape or incest or adult rape or sexual assault. The YWCA provides group and individual counseling to adult women.

*During the last fiscal year the YWCA served 163 women in the Sexual Assault Survivors Program.*
Women’s Journey Chemical Dependency Treatment Program

The YWCA of North Central Indiana offers 1 of only 2 Chemical Dependency Programs in the state of Indiana that allows women to bring their children with them during treatment. This innovative women-centered 16 step program lasts 6 to 8 weeks and is followed by up to 18 months of after-care.

- 173 women completed the Women’s Journey Chemical Dependency Treatment Program during the 2009-10 fiscal year
- 112 women completed an average of 206 days of after-care

Breaking Free Domestic Violence & Chemical Dependency Dual Treatment Program

A new treatment program was introduced at the YWCA in May of 2009. Breaking Free is a unique and innovative holistic treatment program for women with a history of both substance abuse and domestic violence. The two issues are addressed and treated at the same time with emphasis placed on understanding how the two problems are inter-related. Breaking Free is the only treatment program of its kind in Indiana.
Residential Self Sufficiency Programs

The YWCA’s residential self-sufficiency programs are designed to help women rebuild their lives and work toward self sufficiency while continuing to receive the support of YWCA staff and other women who are also on the path to self sufficiency.

Transitional Housing~
Women and their children can live in the YWCA’s transitional housing program for up to two years provided the women sign a self sufficiency contract that requires they either work or attend school.

The YWCA served 53 women and 28 children in the transitional housing program during the 2009-10 fiscal year. At the time they left the program

- 39 % purchased or leased a home
- Nearly 50% significantly increased their monthly income
- Nearly 60% increased their level of education

Permanent Housing~
The YWCA provides permanent housing for women with chronic mental health issues, developmental delays, or physical disabilities. As in the transitional housing program women are required to work, volunteer in the community, or attend school.

10 women lived in the permanent housing program during the last fiscal year.
More and more children are calling the YWCA home. Last fiscal year, the YWCA served 422 children — that's nearly a 25% increase over the past two years.

For many of the children staying with us the YWCA represents the first safe, secure place they've ever lived. A place free of angry voices, harsh words, and violence. Our goal is to assess the trauma suffered by a child and to immediately begin the healing process by working both with the mother and child.

Each child is assessed to identify whether they have been a victim of abuse and what impact the trauma that brought their mother to the shelter has had on them. Additionally each child undergoes developmental screening and receives:

- case management
- good touch/bad touch education
- personal safety planning
- drug refusal skills
- conflict resolution education
- racial understanding education

Child care is provided for mothers staying at the shelter while they are working, going to school, or in support groups.
Economic Empowerment

The YWCA is dedicated to the economic empowerment of women. Many of the women and children we serve come from generational poverty and efforts to improve their economic power is central to our mission. We do this through a variety of programs including transitional housing and self-sufficiency classes. Perhaps the most powerful tool in our arsenal though is the *Bridges Out of Poverty Program*.

As the lead agency in the Bridges Out of Poverty Community Initiative, the YWCA provides Getting Ahead classes to help women move from generational poverty into the middle class through employment and education. The YWCA’s Getting Ahead classes are facilitated by a graduate of the program and a YWCA staff member. Group classes of 10 to 15 women are taught in 15 three-hour sessions. After completing the series of classes clients graduate and then take part in a monthly “networking group” with past graduates.

The YWCA has produced more Getting Ahead Graduates than any other agency in the community and is proud of the work to better the lives of women and children living in poverty.
Advocacy

As an agent of change the YWCA strives to make systems in our society more responsive to the needs of women and children. No where is that work more evident than inside the courtrooms of St. Joseph County in the form of CourtWatch.

Thanks to a major grant from the Department of Justice the YWCA expanded the CourtWatch program in fiscal 2009-2010 to monitor more cases including felony domestic violence, sexual assault and child abuse cases. The expanded program included equipping twelve courtrooms with sound amplification equipment. The equipment has helped not only CourtWatch monitors hear important information about the cases they are monitoring but has also helped jury members hear critical testimony in the cases they are charged with deciding. Long after the expanded CourtWatch project is over

CourtWatch has received support from St. Joseph County judges and has led to more victim-friendly practices within the county court system including a dramatic increase in the number of civil protective orders granted to abuse victims. Twice a year, in April and October, the results of the monitoring are published in the South Bend Tribune.

At the end of the expanded CourtWatch Project the results will be presented to the community at a town hall meeting.
YWCA Men’s March to End Violence Against Women
Paying Tribute to Women

Each year the YWCA recognizes the many and varied achievements of women in our community with the Tribute to Women Awards Luncheon. In May the YWCA was proud to recognize Nancy Hellyer, Barbara Warner and Maggie Kernan as the 2010 Women of the Year and Amy Hill as the YWCA Woman to Watch.

The 2010 Donna Pfeil Volunteer of the Year Award went to The Links, South Bend Chapter for their wonderful work with the children staying at the YWCA shelter.
our contributors empowering others through giving

**Visionary Partners**
The YWCA is deeply grateful to our visionary partners who, through major gifts, share our mission and vision.

**Franciscan Sisters of Chicago**
**Frank Family Fund of the Community Foundation of St. Joseph County**
**Sisters of the Holy Cross**

**Women of Vision**
The YWCA would like to thank the many women leaders in our community who generously donate both time and treasure to improve the lives of women and children. These **Women of Vision** supported the YWCA between July 1, 2009 and June 30, 2010.

The YWCA is grateful for the many community partners who support the YWCA through contributions and sponsorship of our special fundraising events. Listed below are individuals, companies and organizations that have generously provided support of $100 or more between July 1, 2009 to June 30, 2010.

1st Source Bank
Abate of Indiana
Abernethy, John
Adair, Lorraine
Adamo, John
Agnew, Shirley
Alpha Kappa Alpha, Eta Mu Omega Chapter
Altrusa International of South Bend
AM General Corporation, LLC
American Veteran Post 66
Anastos, Sue & David
Anderson, Tom
Andrew Schnabel
Anes, Sarah Anne
Arby's Restaurant
Ardizzone, Heidi
Armstrong, Kathleen
AT&T Sevices, Inc.
Avon Products
Baker & Daniels
Bakos, Katherine & Charles
Balbo, Sandy
Ballinger, Julie
Barb & John Phair Fund of the Community Foundation of St. Joseph County
Barnes & Thornburg, LLP
Barnett, Scott
Barrett, Melissa & Mark
Barrett, Le Roy
Barton, Thomas
Basil, Cindy
Beamer, Ramona
Beckner, Katrina
Bellville, Kari
Bender, Harvey
Bethel, Lara
Biomat Plasma Center
Blank, Monica
Block, Marilyn & Thomas
Borowski, Carol & Paul
Borror, Richard
Bradley, May & Paul
Breadsmith
Brickley, Kathy
Brides a la Mode
Brock, Bret
Brown Mackie College
Brown, Barbara
Buchanon, Howard
Bui, Natalie
Burkhart Advertising
Butkovich, John
Camp Ray Bird
Cashman, Benjamin
Cavitt, Diana
CB Richard Ellis
Chambers, Bruce
Christ the King
Christ The King Lutheran
Christopher Welna
Christopherson, Juniper
City of South Bend
Coffel Vending Company
Community Congregational Church
Community Foundation of St. Joseph County
Conner, Fran
Consignment Plus
Conyer, Nancy & Charles
Corns, Ed
Cox, Connie
Crane, Jeneen
Crawford, Lee Ann & Gary
Creech, Anthony
Cressy & Everett Real Estate
Crinti, Frank
Cripe, Michele
Crisovan, Tama
Crowe Horwath, LLP
Dainty Maid Bake Shop
Dalton, Yvette
Darrell Barnett
Darrell, Michael
Shock, Sandie
Shuman, Renee
Sibaja, Teresa
Sieber, Linda
Slowiak, Dee Ann
Smith, Donald
Smith, Jimmie
Smith, Laura
Solid Waste Management
South Bend Civic Theater
South Bend Community School Corp.
South Bend Dental Hygiene Assoc.
South Bend Medical Foundation
South Bend Orthopaedic
South Bend Park Department
South Bend Tribune
South Bend Silver Hawks
South Side Foot & Ankle Clinic
Southside Christian Church
Spataro, Christopher
Specialized Staffing Solutions
St. Joseph County Public Library
St. Jude's Catholic Church
St. Mark Missionary Church
Staszewski, Susan & Bob
Steel Warehouse Co., LLC
Stephens, Neva & Rick
Stewart, Wanda
Stickley, Mary
Story, Doug
Sturm, Angela
Sullivan, Michele & Timothy
Sunrise Rotary
Swartz, Diana & Mike
Swihart, Sherri
Taber, David
Target
Taylor, Nancy
TCU Foundation Inc.
Teachers Credit Union
The Body Shop
The Bruce & Mary Roberts Foundation
The Downey Family
The Gerber Family Fund
The South Bend Clinic, LLP
The Walmart Foundation
Thomas, Jamel
Thompson, Christel
Thompson, Tina
Tonsing, Betty
University of Notre Dame, Mendoza College of Business
Varga, Connie
Veldman, Mark
VFW #360
Victoria's Secret
Vogue School of Beauty
Wagner, Claire
Wagoner, William
Wal-Mart Super Center, Ireland Road
Wal-Mart Super Center, Portage Road
Warn, Renae
Warner, Peggy
Way, Rosemary
Weingarten, Dr. Harvey, DDS
Wendling, Merlin
Weninger, Dan
White, Dan DDS, PC
Whitlow, Crystal
Williams, Chas
Williams, Pamela
Wilson, Mary
Wilson, Richard
Windham, Sarah Louise
Winston, Angela
WNDU Television
Wipperman, Scott
Women Business Owners of Michiana
Wood, Elizabeth
Woodington, Judy & Mark
Wozniak, Jerome
Yergler, Carol
Yesterday's Children Doll Club
Zaner, Andrea
Ziemendorf, Ross
Zion United Church of Christ
Zirocki, Claude
### Consolidated Statements of Financial Position

<table>
<thead>
<tr>
<th></th>
<th>2010</th>
<th>2009</th>
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</thead>
<tbody>
<tr>
<td><strong>ASSETS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Current Assets:</strong></td>
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<td></td>
</tr>
<tr>
<td>Cash</td>
<td>$377,087</td>
<td>$247,947</td>
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<tr>
<td>Accounts and grants receivable, net of Allowance</td>
<td>497,639</td>
<td>438,009</td>
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<tr>
<td>Prepaid expenses</td>
<td>5,327</td>
<td>5,593</td>
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<tr>
<td><strong>Total Current Assets</strong></td>
<td>880,053</td>
<td>691,549</td>
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<tr>
<td><strong>Net Fixed Assets</strong></td>
<td>2,766,216</td>
<td>2,862,149</td>
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<tr>
<td><strong>Total Other Assets</strong></td>
<td>1,894,794</td>
<td>1,913,327</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td>$5,541,063</td>
<td>$5,467,025</td>
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<tr>
<td><strong>LIABILITIES AND NET ASSETS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Current Liabilities:</strong></td>
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<tr>
<td>Accounts Payable</td>
<td>$23,002</td>
<td>$23,319</td>
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<tr>
<td>Accrued Liabilities</td>
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<td>109,615</td>
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<td><strong>Total Current Liabilities</strong></td>
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<td>132,934</td>
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<td><strong>Net Assets:</strong></td>
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<tr>
<td>Unrestricted</td>
<td>4,541,149</td>
<td>4,399,572</td>
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<tr>
<td>Temporarily Restricted</td>
<td>863,559</td>
<td>934,519</td>
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<tr>
<td><strong>Total Net Assets</strong></td>
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<td>5,334,091</td>
</tr>
<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td>$5,541,063</td>
<td>$5,467,025</td>
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2010 Financial Information

2010 Operating Revenues

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Grants</td>
<td>$1,156,819.00</td>
<td>49.6%</td>
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<tr>
<td>Earned Income</td>
<td>$793,740.00</td>
<td>34.1%</td>
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<tr>
<td>Contributions</td>
<td>$278,399.00</td>
<td>11.9%</td>
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<tr>
<td>Other Income</td>
<td>$101,817.00</td>
<td>4.4%</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>$2,330,775.00</strong></td>
<td><strong>100%</strong></td>
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87% of all donations provide direct services to women and children.

2010 Operating Expenditures

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employee Compensation</td>
<td>$1,425,526.00</td>
<td>63.1%</td>
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<tr>
<td>Purchased Services</td>
<td>$59,692.00</td>
<td>2.6%</td>
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<tr>
<td>Facilities Expenses</td>
<td>$298,793.00</td>
<td>13.2%</td>
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<tr>
<td>Supplies</td>
<td>$440,235.00</td>
<td>19.5%</td>
</tr>
<tr>
<td>Other Expenses</td>
<td>$35,924.00</td>
<td>1.6%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$2,260,170.00</strong></td>
<td><strong>100%</strong></td>
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</tbody>
</table>

Net Income  $70,605.00
For more information about the YWCA or to make a donation to help women and children please visit:

www.ywcancin.org