

Who We Are

Since 1903 the YWCA has been the leading advocate for women and children in our community.

Through a combination of service and social action we reach out to women who are seeking solutions to abusive situations, who are fighting substance use, who are in need of job training and education and who want to improve their lives for themselves and their children.

YWCA North Central Indiana services include:

- ◇ Emergency safe shelter for victims of domestic violence
- ◇ Safety planning
- ◇ Counseling & case management for both adults & children
- ◇ Child care
- ◇ Access to healthcare services
- ◇ Sexual assault counseling
- ◇ Economic empowerment education
- ◇ Substance use treatment & groups
- ◇ Supportive housing
- ◇ Special needs permanent housing
- ◇ Legal Advocacy including help obtaining protective orders
- ◇ Community educational programs for women & children

Our Equity & Empowerment Programs & Services include:

- ◇ Financial literacy Classes
- ◇ Bridges out of Poverty: Getting Ahead Classes
- ◇ Minority Women's Empowerment group
- ◇ Equity focused book club
- ◇ Civic engagement

24 hour Crisis Line

1-866-YES-YWCA

Bilingual Services Available

St. Joseph County Shelter & Administration

1102 S. Fellows St.
South Bend, IN 46601
574-233-9491

Elkhart County Safe Haven Shelter

132 State Street
Elkhart, IN 46516
574-294-1811

www.ywcancin.org

**eliminating racism
empowering women**

ywca

**Equity
&
Empowerment**
Program & Services



**YWCA
IS ON A
MISSION**

Safe, Fair Affordable Housing

The YWCA's goal is to help educate and empower women, particularly women of color, on their housing rights, how to secure safe affordable housing, how to budget and save for a home purchase, and how to apply and secure a home loan.

Financial Literacy Classes

Upon completion, graduates have the opportunity to:

- ◇ Open depository accounts to help them manage their money,
- ◇ Build wealth to save for the future, and,
- ◇ Improve their credit to establish a good credit history.

Bridges out of Poverty: Getting Ahead Classes

Participants will:

- ◇ Investigate poverty on an individual and community level.
- ◇ Learn about hidden rules
- ◇ Look at their eleven resources and ways to build their resources
- ◇ Create their future stories

**STAND AGAINST RACISM
STAND UP FOR SOCIAL JUSTICE**

BIPOC– Mental Health

The YWCA will create a safe place for women of color to discuss mental health issues and concerns. The goal is to help reduce the stigma of mental illness in the black community by educating and empowering black women on the importance of good mental health.

Minority Women's Empowerment Group

- ◇ Provides Minority Women a safe place to process and be validated in their experiences.
- ◇ Look at tools to help work their way up on economic and educational levels.
- ◇ Empower themselves and their children.
- ◇ Strengthen their voices in our community.
- ◇ Helps address their mental health needs.

We also facilitate a equity focused Book Club for anyone to attend.

What You Can Do

Call us! We have decades of experience helping people break the cycle of violence for themselves and their children and we want to help you.

1-866-YES-YWCA

Civic Engagement

Civic engagement, such as voting and running for office, are ways to affect change. Unfortunately, many people, including women of color, do not exercise their right to vote.

The YWCA will work to empower and educate women on the importance of voting and how it impacts critical issues affecting them and their families.

In addition, in order to increase the number of minority women elected to all levels of government, the YWCA will provide an educational forum on how to run for public office.

